

COLEMAN FAMILY CHIROPRACTIC ~ THE PG WELLNESS INSTITUTE

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GENERAL PAIN DISABILITY INDEX QUESTIONNAIRE

The rating scales below are designed to measure the degree to which several aspects of your life are presently disrupted by chronic pain. In other words, we would like to know how much your pain is preventing you from doing what you would normally do, or from doing it as well as you normally would. Response to each category by indicating the overall impact of pain in your life, not just when the pain is at its worst.

For each of the six categories of daily living listed, please circle the number which best describes your typical level of activities. A score of '0' means completely able to function, and a score of '10' signifies that all of the activities in which you would normally be involved have been totally disrupted or prevented by your pain.

0	1	2	3	4	5	6	7	8	9	10
ompletely Able to unction										Totally Unable to Function
	eation	_								
This cate	gory refe	rs to your	activities r	elated to yo	our hobbies	s, sports, a	nd other si	milar leisur	e time a	ctivities.
0	1	2	3	4	5	6	7	8	9	10
ompletely Able to inction										Totally Unable to Function
3. Socia	ıl Activit	:V								
		•	activities r	elated to yo	our involved	d participat	ion with fri	ends and a	cquainta	nces other
than famil	y memb	ers. It incl	udes partie	es, theater,	concerts,	dining out,	and other	social funct	tions.	
0	1	2	3	4	5	6	7	8	9	10
ompletely Able to										Totally Unable to
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4 0	4.5									
This cate				nat are a pa			d to your j	ob. This in	cludes n	onpaying
This cated	gory refe ell such a	as that of a	a homema	ker or volur	nteer worke	er.				
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